



**FREDERICTON ROWING CLUB  
2024 WEEKLY PROGRAM SCHEDULE  
(JUNE to AUGUST)**

**JUNE TO AUGUST 2024**

VERSION 2024.4  
(23 May 2024)

<b>SUNRISE-SUNSET</b> 31 May 5:39-9:09 30 Jun 5:39-9:20 31 Jul 6:08-8:56 31 Aug 6:46-8:06	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SUNRISE-SUNSET</b> 31 May 5:39-9:09 30 Jun 5:39-9:20 31 Jul 6:08-8:56 31 Aug 6:46-8:06	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>WEEKDAY TIMES</b>				<b>GARRISON NIGHT MARKET (STARTS &amp; SPRINTS)</b>		<b>WEEKEND TIMES</b>	<b>EIGHTS / QUADS / FOURS</b>	<b>BUCKET CLUB</b>
<b>0530-0730</b>	FRC Experienced Adult Rowers (via FRC SignUpGenius)	FRC Experienced Adult Rowers (via FRC SignUpGenius)	FRC Experienced Adult Rowers (via FRC SignUpGenius)	FRC Experienced Adult Rowers (via FRC SignUpGenius)	FRC Experienced Adult Rowers (via FRC SignUpGenius)	<b>0700-0930</b>	FRC Experienced Adult Rowers (via FRC SignUpGenius)	FRC Experienced Adult Rowers (via FRC SignUpGenius)
<b>0730-0830</b>	MAINTENANCE / RIGGING	MAINTENANCE / RIGGING	MAINTENANCE / RIGGING	MAINTENANCE / RIGGING	MAINTENANCE / RIGGING			
<b>0830-1030</b>	MAINTENANCE / RIGGING	FRC Experienced Adult Rowers (When Needed via SignUpGenius)	FRC Experienced Adult Rowers (When Needed via SignUpGenius)	FRC Experienced Adult Rowers (When Needed via SignUpGenius)	FRC Experienced Adult Rowers (When Needed via SignUpGenius)	<b>0930-1200</b>	FRC Come Try Rowing (When Scheduled)	FRC Adult Learn-to-Row / Novice
<b>0830-1200</b>	FRC/SNO Youth Rowing Camp (In Partnership with Second Nature Outdoors)	FRC/SNO Youth Rowing Camp (In Partnership with Second Nature Outdoors)	FRC/SNO Youth Rowing Camp (In Partnership with Second Nature Outdoors)	FRC/SNO Youth Rowing Camp (In Partnership with Second Nature Outdoors)	FRC/SNO Youth Rowing Camp (In Partnership with Second Nature Outdoors)	<b>1200-1400</b>	MAINTENANCE / REPAIRS	MAINTENANCE / REPAIRS
<b>1200-1800</b>	MAINTENANCE / REPAIRS	MAINTENANCE / REPAIRS	MAINTENANCE / REPAIRS	MAINTENANCE / REPAIRS	MAINTENANCE / REPAIRS	<b>1400-1600</b>	MAINTENANCE / REPAIRS	MAINTENANCE / REPAIRS
<b>1800-2030</b>	MAINTENANCE / REPAIRS	FRC Adult Learn-to-Row / Novice	FRC Junior	FRC Adult Learn-to-Row / Novice	FRC Junior	<b>1600-1800</b>	FRC Junior	FRC Junior